



# GREAT RUGBY PARENTS PLAY BY THE RULES!

1. Remember to encourage me from the sidelines.
2. Let the coach coach.
3. Respect the decisions of the referees.
4. Show sportsmanship towards my teammates and opponents by not putting them down.
5. Stay calm on the sidelines, sit back and enjoy the game.
6. Remember that I'm trying my best.
7. Let me set my own goals.
8. Keep in mind that lecturing me after the game will not improve my skills.
9. Please review the rules so that you understand the game.
10. Remember that it is just a game!



Learn more about being a responsible rugby parent at [usarugby.org](http://usarugby.org)

