

Each level of rugby (youth, high school, college, senior club) have different requirements for eligibility. For all types of eligibility, you must be registered to the club in question. For information on how to register, please see [“How Do I Register.”](#)

Please also reference [USA Rugby Eligibility Regulations](#), which can answer most questions.

For youth rugby, a player would need to be the correct age group/grade level for the club they are seeking to play with. Please contact your [state rugby organization](#) for additional specific eligibility information.

For high school rugby, a player would need to be a current high school student within 4 years of first entering high school that is between 14 and 19 years old.

Those that are 14 and enrolled in high school would need to complete a [waiver](#).

A 19 year old player would have had to not reach their 18th birthday by the September 1st that occurs at the state of the school year containing the competitive season.

For college, a player would need to be a full time undergrad student within 5 years of their high school graduation. A player has 7 years from their high school graduation to complete 5 total college seasons.

Waivers can be obtained for graduate students, those 6 or 7 year removed from high school, or those who are less than full time for certain situations.

Additionally, those whom actively served in the US military can gain an additional 2 years to their window.

Each of these waivers have different requirements so please contact eligibility@usarugby.org with questions or see [“How Do I Obtain a College Waiver.”](#)

For senior rugby, a player would need to be registered to the club before the three deadline dates; the October 15th WPL deadline for WPL competition, the April 1st deadline for 15s, and the July 1st deadline for 7s. For those needing help transferring clubs, please see [“How Do I Transfer Clubs.”](#)

A waiver might be available for registration after the deadline so please contact eligibility@usarugby.org with questions or see [“How Do I Obtain a Senior Club Waiver.”](#)